



PEARL OF THE ISLANDS  
FOUNDATION INCORPORATED



# Elevate Youth Leadership Training

**STRENGTHEN YOUR LEADERSHIP  
SKILLS IN 8 WEEKS**

**Click to APPLY**

or copy the URL to your browser:  
<https://tinyurl.com/2xe4z5k2>



09 217 4347



[www.pif.org.nz](http://www.pif.org.nz)



### Coach of the programme

Nurain Janah is a professional speaker, trainer, and coach. She founded Authenticity Aotearoa, a charity that empowers women of colour; she also offers diversity and inclusion consulting, and coaching programmes through her social enterprise, Rehendhi. Nurain has held various governance roles for New Zealand and international charities. Nurain represented New Zealand at the 2017 UN Commission on the Status of Women advocating for young women of colour in the workplace. She was recognised as a finalist in the 2021 Women of Influence Awards. Away from work, you will most likely find her hiking in the bush, at the beach, writing poetry, playing or watching football.



**Nurain Janah**  
Expert Coach

## THE TRAINING COVERS 8 SESSIONS:

**Information session.** Receiving more information about the programme

- Session 1: **Visioning.** Understanding purpose, values and creating a vision for self
- Session 2: **Rooting.** Embracing and understanding cultural heritage
- Session 3: **Healing.** Cultivating resilience and healing from racism and discrimination
- Session 4: **Understanding.** Understanding unconscious biases and being advocates for inclusion
- Session 5: **Scanning.** Connecting self to community and finding opportunities to contribute
- Session 6: **Organising.** Bringing others together to create positive impact
- Session 7: **Influencing.** Storytelling and extending reach within & outside community
- Session 8: **Reflecting.** Learning and growing from failure and challenges

**Graduation.** Receiving graduation certificates



Value of the program - \$2000 per person, but

# FREE FOR YOU

**EARN LEADERSHIP CERTIFICATE AT THE END**

**Venue:** Unit 12/ 1 Wagener Place, Mt Albert, Auckland / **Zoom**

**Number of sessions:** Eight sessions + graduation

**Session time:** Every Saturday from 7th of May, 3:00 - 5:00 pm

**First information session:** Saturday 30 April, 3:00 - 4:00 pm (online)

**Number of places:** Limited, 12 participants in each group, 3 groups during the year

**Application deadline:** 2 May

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